



# Kaizen No-Michi

School of Shotokan Karate



Course and Kyu Grading

With

**Sensei Steve Carless 5th Dan**



**Saturday 8th September 2012**

**Ormiston Maritime Academy**

**Westward Ho, Grimsby, DN34 5AH**

**Training**

**2:00 - 3:30 PM**

**Kyu Grading**

**3:45 - 5:00 PM**

**Fees**

**Training Only**

**£5.00**

**Training and Grading**

**£10.00**

**Contact**

**Tel: 07790 011632 E-Mail: [kaizenno-michi@hotmail.co.uk](mailto:kaizenno-michi@hotmail.co.uk)**

